

# 2026 Insurance Benefit Authorization

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\* indicates a required field

This form will include all accurate and up-to-date information regarding my insurance coverage.

All professional services rendered are charged to the patient and are due at the time of service, unless other arrangements have been made in advance with our business office. You agree to fill out and execute any additional necessary forms that may be required for your particular insurance carrier. In some cases the exact insurance benefits cannot be determined until the insurance company receives the claim and the claim is adjudicated.

**\* I understand that not all services or fees from Uniquely You Behavioral Health are covered by my insurance company including but not limited to staff attendance at IEP meetings, late cancellation/no-show fees, document requests, neurofeedback etc.**

Yes, I understand that I will be responsible for all fees not covered by insurance company.

**\* Client Name**

**\* Client Date of Birth**

**\* Insurance Policy Holder (Subscribers) First and Last Name**

**\* Subscriber's Date of Birth**

**\* Subscriber's Address****\* Subscriber's City****\* Subscriber's State****\* Subscriber's Zip Code****\* Subscriber's Telephone****\* Relation to client:**

- self
- spouse
- parent

**\* Primary Insurance Company****\* Primary Insurance Policy # (including first 3 letters of policy)**

**\* Primary Insurance Group #**

\* I certify that I do NOT hold a secondary insurance policy for which I am covered. I understand that if I withhold this information from Uniquely You Behavioral Health staff, I will be responsible for any and all services rendered. Uniquely You Behavioral Health will not back date services and I will be responsible for collecting any personal reimbursement from my insurance company.

**Secondary Insurance****Group #****Secondary Insurance Policy #****Assignment of Benefits**

I hereby assign all medical and mental health benefits, to include major medical benefits to which I am entitled. I hereby authorize and direct my insurance carrier(s), including Medicare, private insurance and any other mental health/medical plan, to issue payment check(s) directly to Uniquely You Behavioral Health for therapy services rendered to myself and/or my dependents regardless of my insurance benefits, if any. I understand that I am responsible for any amount not covered by insurance.

**Authorization to Release Information**

I hereby authorize Uniquely You Behavioral Health to:

1. Release any information necessary to insurance carriers regarding my therapy and sessions. I understand that my therapist may be required to release certain information to the insurance company at their request in order to procure necessary authorizations and or process claims for payment. This

information may include, but is not limited to types of service, dates of service, times of service, diagnosis, treatment plans, progress of therapy and at times, treatment notes and/or summaries. I authorize the release of such information if necessary, understanding the limits of confidentiality regarding the use of my insurance benefits. I also acknowledge receipt of Uniquely You Behavioral Health's Notice of Privacy Practices.

## 2. Request payment of insurance benefits be made directly to Uniquely You Behavioral Health for services performed.

3. If necessary, file a formal written complaint, if permitted by law, on my behalf to the state Insurance Commissioner, or other appropriate state agency, if payment for services is not timely received.

I have requested therapy services from Uniquely You Behavioral Health on behalf of myself and/or my dependents, and understand that by making this request, I become fully financially responsible for any and all charges incurred in the course of the treatment authorized. I further understand that fees are due and payable on the date that services are rendered and agree to pay all such charges incurred in full immediately upon presentation of the appropriate statement. A photocopy of this assignment is to be considered as valid as the original.

**\* Client/Legal Guardian Signature:**

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I consent to sharing information provided here.

**\* Date:**

**\* Print Name:**

**\* Date:**